



**EUROLAX
CUP** **SIXES**

BELGIUM GHENT 2023 JUNE 23 4



INFOINFOINFOINFOINFOINFO

ORGANIZATION

The European Lacrosse Sixes cup is a European-based international Sixes event, which features the new **Olympic version of lacrosse**.

Sixes brings the size of a lacrosse team down from 10 to 6, playing on a smaller field, while there also is a 30-second shot clock.

The game lasts four 8-minute quarters. There are fewer breaks in play with goalies starting to play after each goal and player substitutions during play.

The event will see up to **12 national teams**.

Both men's and women's teams will compete during 3 days of competition.

It takes place on the **2, 3, 4th june of 2023** in Ghent, Belgium.

Ghent Sports organizes the event, a delegation of Ghent Lacrosse that organized the KGC from 2013 until 2019.



GHENT

Ghent is a city in the Flemish Region of Belgium. It is the capital and largest city of the East Flanders province, and the third largest in the country, exceeded in size only by Brussels and Antwerp. This former industrial city at the rivers of the Scheldt and Leie is livelier than ever.

Much of the city's **medieval architecture** remains intact and is remarkably well preserved and restored. It has three towers and the Ghent Alterpiece by Van Eyck. If you have some free time, try to have a walk in the Patershol where the Castle of the Counts is located.

Ghent is the place to be for **the good life** and great food. Ghent residents enjoy life. After an intense game we suggest you have a go in the huge array of restaurants, bars and cafés in Ghent.

WHEN TO ARRIVE?

It is okay to arrive on **Friday** as the games will not start before 3 p.m. But feel free to arrive earlier to **explore the city!**

more information: <https://visit.gent.be/en>



TRAVEL

HOW TO GET TO GHENT?

By plane

Belgium has two main airports: **Brussels Zaventem** and **Brussels South Charleroi**. From Zaventem you can take a direct train to Ghent. From Charleroi you have to take a bus to Ghent or to a trainstation in Brussel.

By train

Ghent has two railway stations: **Gent-Sint-Pieters** and **Gent-Dampoort**. Gent-Sint-Pieters is the main station and has connections from all Belgian cities.

local train: www.belgiantrain.be

By car

The Ghent City centre is a low emission zone (LEZ). If you come by car then check whether your vehicle may enter this zone (foreign license plates must always be registered!). *more information:* <https://lez.stad.gent/en>

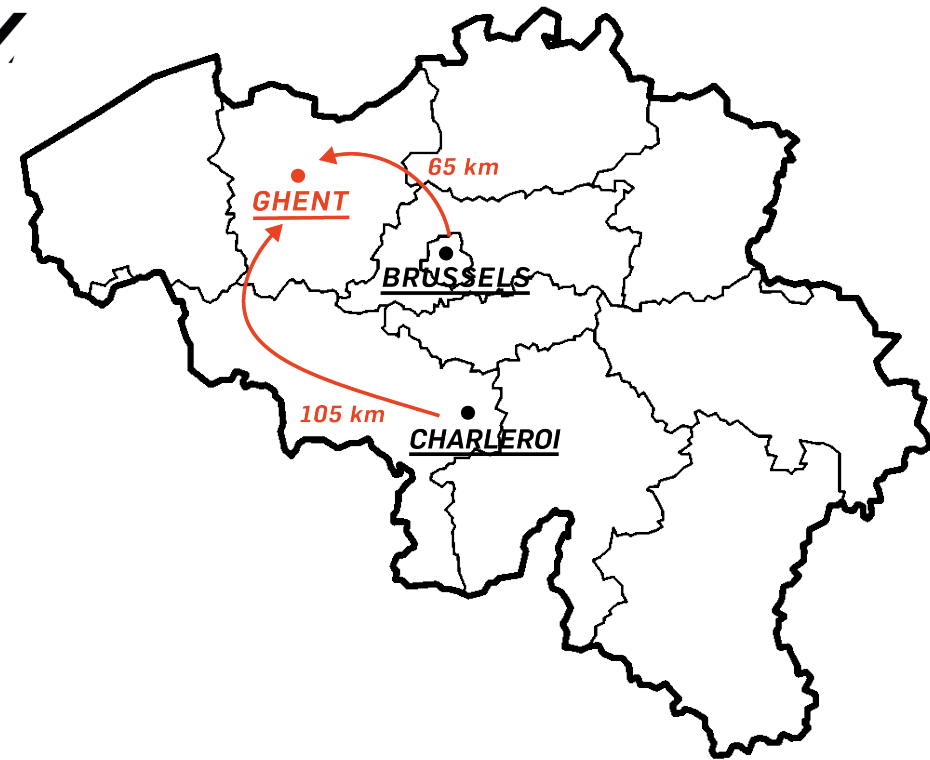
By bus

International line buses travel to Ghent every day from a lot of different destinations in Europe. Once you arrive in Ghent, you can use the local bus and tram network. The first sunday of the month you can ride the local bus and tram for free!

bus/airport shuttle: www.flibco.com, www.flixbus.com

local bus/tram: www.delijn.be

more information: www.visit.gent.be



THE VENUE

BLAARMEERSEN - GHENT

51°02'45.6"N 3°41'13.2"E

google maps: 'Ghent Rugby'

FACTS

- + Countless sports and recreation facilities
- + Close to Ghent's historic city centre
- + Artificial grass fields
- + Close to pond and beach

HOW TO GET HERE?

- | | | |
|---------------------|-------------|-----------|
| + Gent-Sint-Pieters | - bus 19 | - 15 min. |
| + Gent-Dampoort | - bus 38/39 | - 40 min. |
| + The city centre | - bus 38/39 | - 25 min. |
| | - taxi | - 10 min. |

REGISTRATION

All national teams wishing to take part in the European Lacrosse Sixes Cup 2023 in Ghent are welcome to register for the event.

Registration costs are divided into 3 categories in order to meet every team's budget:

Package A: from € 130 p.p.
Camping close to fields

Package B: from € 170 p.p.
Hotel close to fields

Package C: from € 205 p.p.
Hotel in city centre

What's overall included?

- + accommodation for 2 nights
- + event registration and team fee
- + water for games
- + referee/umpire fee
- + medical team assistance
- + streaming of selected games
- + game statistics
- + cups and medals for winning teams
- + tourist city taxes
- + local assistance

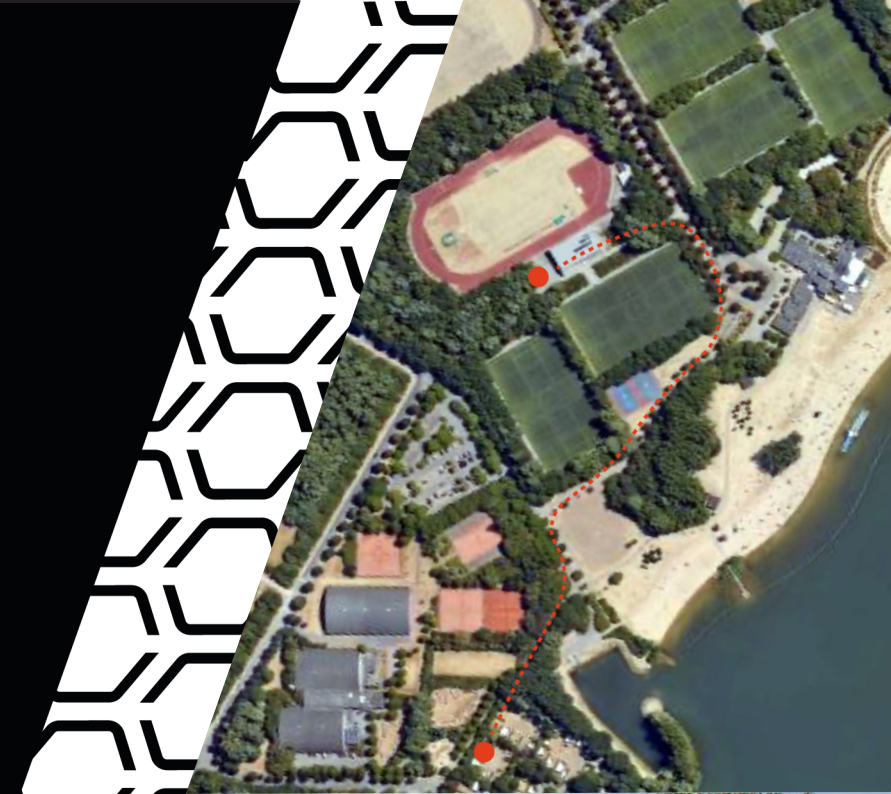
registration: ghentsixes@gmail.com



ACCOMMODATION

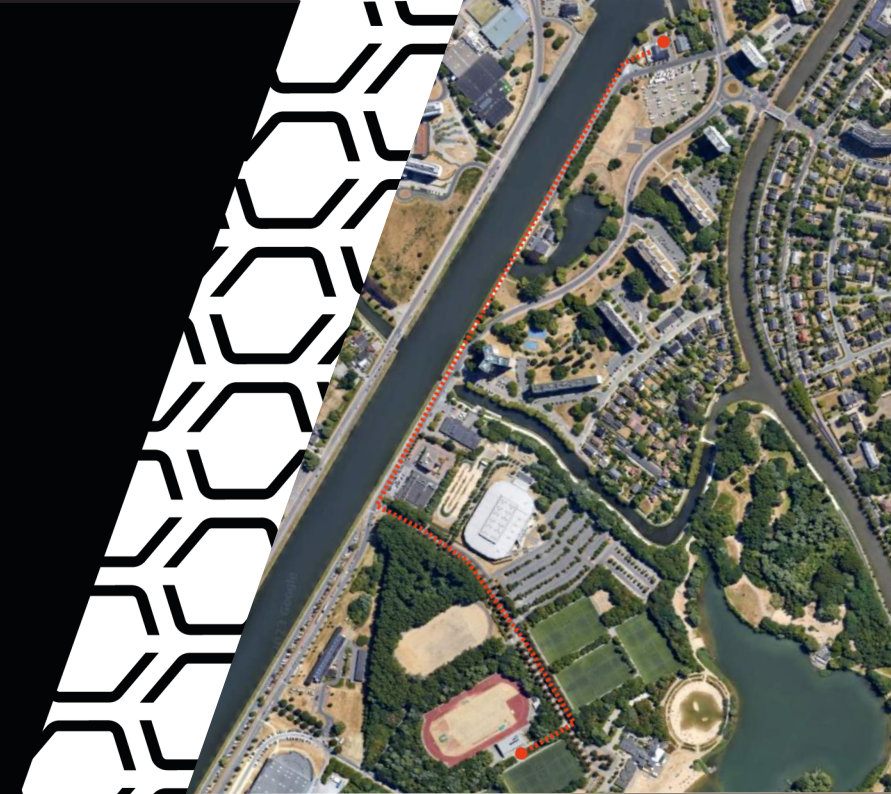
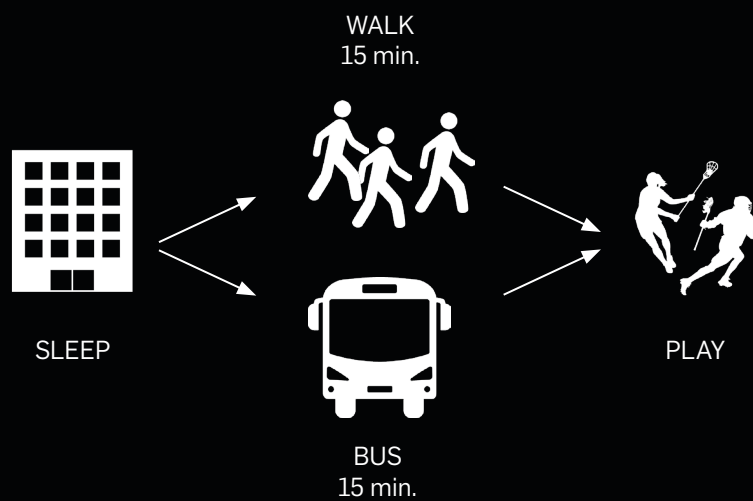
PACKAGE A *the nature experience*

- + wooden blockhut for 4 people
- + bedsheets and towels included
- + small kitchenette - no breakfast
- + shared bathroom
- + pleasant walk through the park to get to the fields
- + extra night: € 50 p.p/night



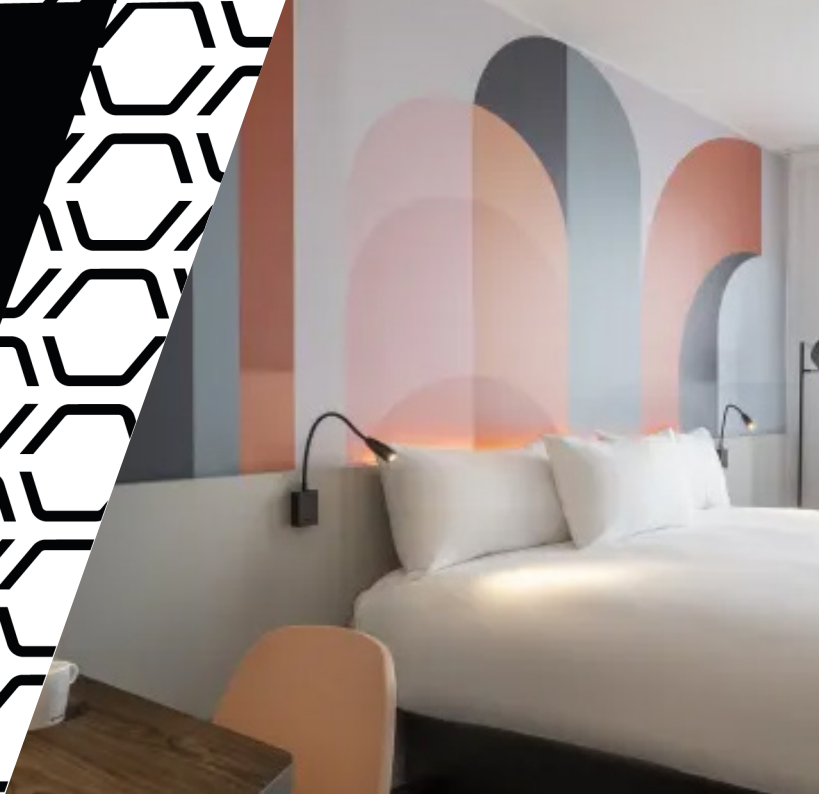
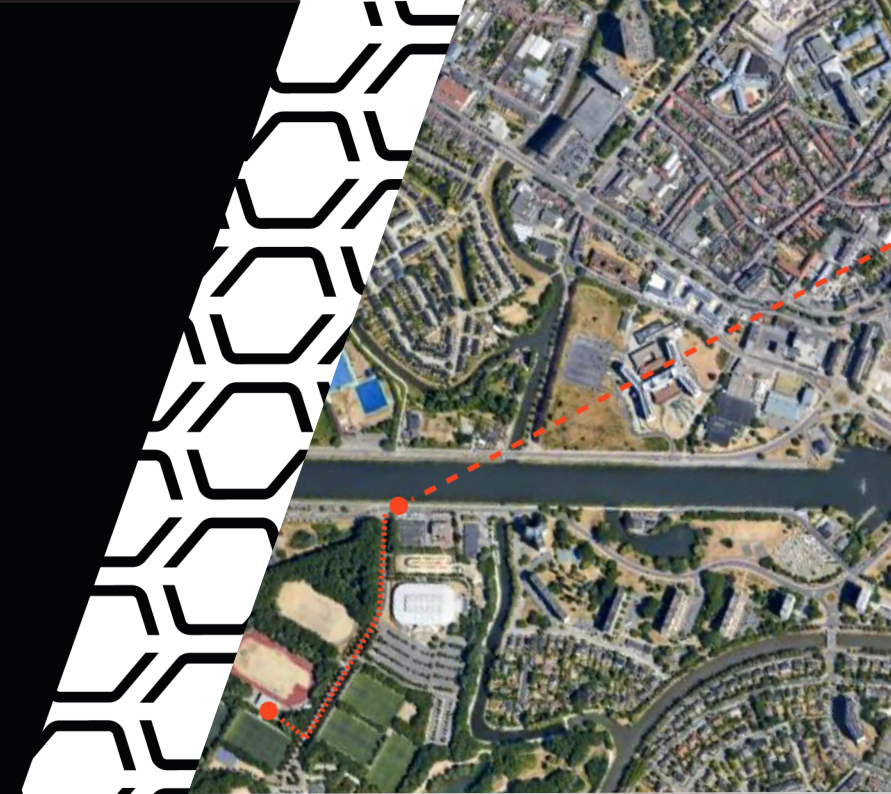
PACKAGE B the sport experience

- + sporthotel - room for 1 to 4 people
- + bedsheets included, towels not included
- + breakfast included, shared small kitchen
- + shared bathroom
- + walking distance from field or public transport (not included)
- + check-in on friday from 4 p.m. - no extra nights possible



PACKAGE C the tourist experience

- + hotel in city centre - room for 2 to 3 people
- + bedsheet and towels included
- + breakfast included
- + private bathroom
- + public transport to fields (not included)
- + extra night: € 72 p.p/night





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